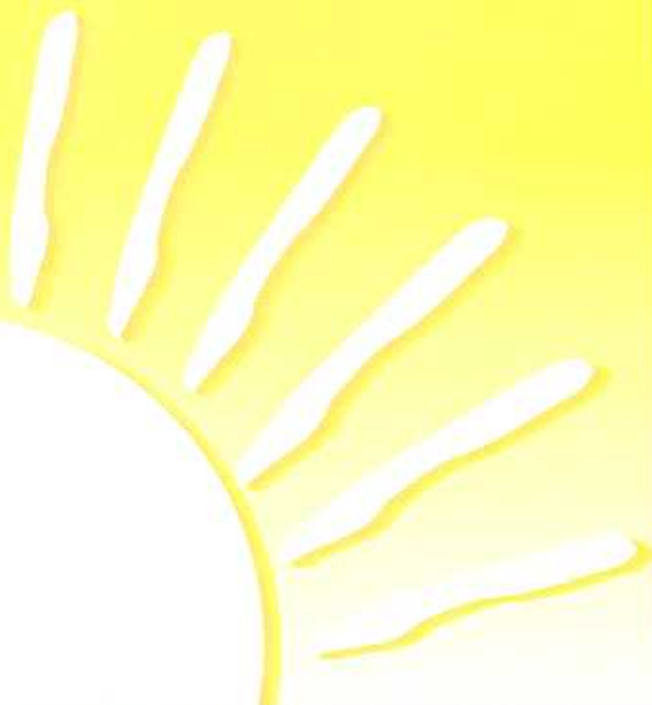


MAKE A NEW START TODAY



# TEBELOPELE

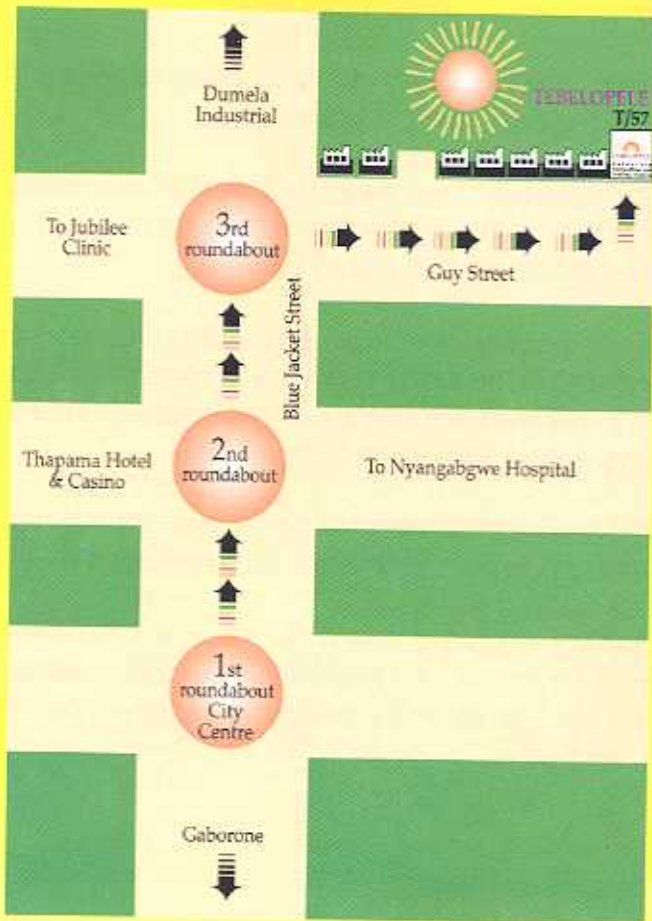
Voluntary Counselling and Testing Centre



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# WHERE ARE THE TEBELOPELE CENTRES LOCATED?

## FRANCISTOWN



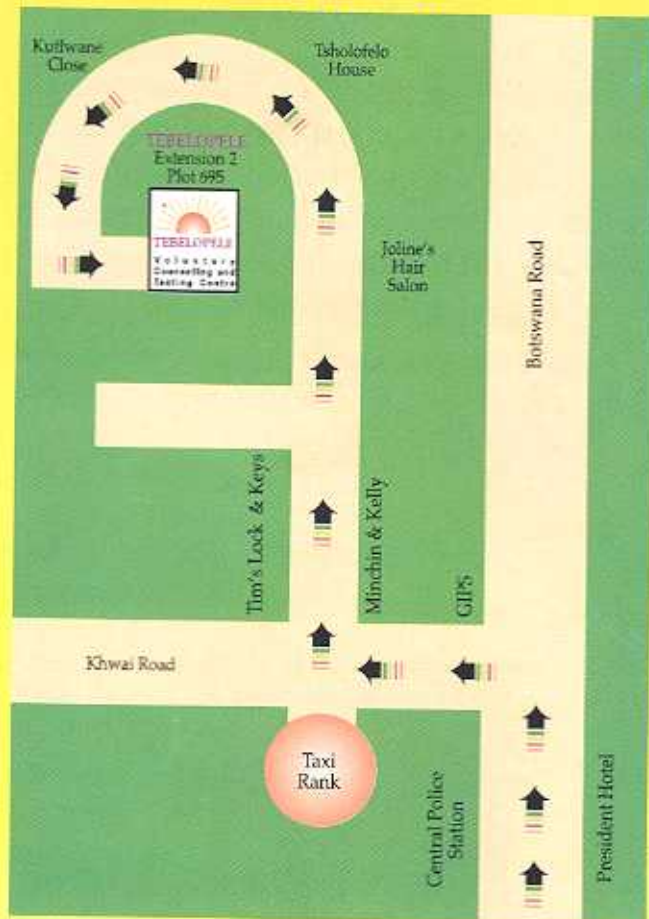
In **FRANCISTOWN** the Tebelopele centre is located at:

Area G, Plot Number T57  
on Guy Street

Phone number: 216263  
Fax number: 216263

Open Weekdays: 7:30am - 4:30pm

## GABORONE



In **GABORONE** the Tebelopele centre is located at:

Extension 2, Plot number 695  
on Kutlwano Close

Phone number: 314023  
Fax number: 570487

Open Weekdays: 8:00am - 6:00pm

**Toll free number: 0 800 126 126**

## WHY SHOULD I GO FOR COUNSELLING AND TESTING?

Quite simply, you could have been exposed to the HIV virus without knowing it.

For instance, if you have had sex with someone without using a condom, then you have put yourself at greater risk of HIV.

Many people who have HIV infections do not know it. In the same way as a person who is not HIV infected will not know their status unless they take a step to be tested.

The best way to know whether you are infected or not, is to be counselled and tested for HIV.

Getting tested is the right step to take for a brighter future and knowing your status allows you to make plans for the future, whether positive or negative.

**So take  
the right step  
and take  
the future into  
your own hands.**

**MAKE A NEW START TODAY**

We all know that HIV is a condition requiring serious decisions. Are you aware of what you can do to reduce your risk of getting infected with HIV? Have you ever thought of talking to someone about HIV or getting tested for it?

Knowing whether you have HIV or not is your first step towards a confident future. But making the decision to seek counselling and testing for HIV may not be easy.

You may be wondering:

- How would it help me to know if I am infected or not?
- What would I do if I find out I am infected with HIV?
- If I am positive, what will I tell my partner and family?
- If I am negative, what should I do to remain negative in the future?
- What do I need to do to get tested?
- How long do the results take?
- Where do I go?

## WHAT IS VOLUNTARY COUNSELLING AND HIV TESTING?

VCT is a service that is offered to anyone who wishes to know his or her HIV status. A team of highly trained and experienced counsellors provide quality counselling and HIV testing for **same day test results**. The services are offered on a voluntary and anonymous basis.

MAINTAINING CONFIDENTIALITY  
IS GUARANTEED AT THE  
TEBELOPELE CENTRES.

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