PARTNER REDUCTION SESSION FLIPCHART
For General Population.

Protect yourself and your family from (HIV/AIDS)
FACILITATOR’S GUIDE

- Describe what you can see in the illustration.
- Who can be infected with HIV?
- Is there any HIV infected person in this community?
- Is HIV a community issue?
- Facilitator to recap (explain that people may look healthy and yet be HIV positive, they can pass it on to others, it could be anybody irrespective of status, profession or religion).
MULTIPLE NON MARITAL PARTNERS

FACILITATOR’S GUIDE

- What can you see in the illustration?
- How common is this behavior in your community?
- Have participants relate their personal experience (Guide the participants to identify what led to such behavior).
- State benefits of partner reduction in connection to HIV/AIDS.
- Facilitator to recap.
ASSESSING RISK

FACILITATOR'S GUIDE

- Describe the situation in the illustration.
- Answer the following questions.
  - Do you have more than one sexual partner?
  - Have you ever had a sexually transmitted infection?
  - Does your partner have sex with others?
  - Do you have sex without condoms?
  - Have you ever had sex under the influence of drug or alcohol?
  - Have you ever received blood transfusion.
- Facilitator to explain that if your answer to any of the questions is yes, you are at risk of contracting HIV.
TASO GAME
(To demonstrate how quickly HIV can spread and to promote the desire to have an HIV/AIDS test)

FACILITATOR'S GUIDE

■ Issue two (2) participants with wrapped pieces of paper marked one + and the other with signs (facilitator should have a piece of paper with + sign ).

■ Ask the two participants to go round and greet at least four other participants within the training hall before opening their pieces of paper to see the sign on it. (Facilitator to show his + piece of paper too).

■ Explain that participants with + sign are people with HIV. (Facilitator should explain that this is just a game and that there is no risk of catching HIV through social interaction).

■ Ask participants who greeted any of the Participants with the marked papers to come forward to join who greeted them. (Look at those left and explain that their status is unknown, they may have made friends with those infected and had become infected but are still at risk...)

■ Ask the following questions.

■ How many people were originally infected with HIV virus?

■ How many are at high risk of being infected?

■ How many others are at risk of being infected?

■ How many remain uninfected?

■ What does this tell us about the spread of HIV in our community?

■ Facilitator to recap.
EFFECTS OF HAVING MULTIPLE NON MARITAL PARTNERS

FACILITATOR'S GUIDE

- Describe the situation in the illustration.
- Are these situations common in our community?
- Why do you think the situations occurred?
- What are the consequences?
- Facilitator to recap laying emphases on why we engaging in sexual relationship with non marital partner is bad.
CONDOM USE, BARRIERS AND ADVANTAGES

FACILITATOR’S GUIDE

- Describe the situations in the picture.
- Do you use condom always? And how do you feel using condom always?
- Ask participants why they find it difficult or don’t use condoms?
- Are condoms reliable as protection from STIs and HIV when correctly used and what are the other advantages of condoms?
- Facilitators to recap.
INTERSPOUSAL COMMUNICATION

FACILITATOR’S GUIDE

- Participants are to describe what they see in this picture.
- Has any of you discussed sexuality with his partner?
- What are the barriers to effective communication among couples?
- What are the disadvantages of not communicating on sexuality as couples?
- What are the benefits of communicating with your partners and mutually taking decisions?
- Facilitator to recap.
SEXUALLY TRANSMITTED INFECTIONS (STIs)

FACILITATOR'S GUIDE

- Ask participants the local names of the diseases seen in the picture.
- Do we have such diseases in our community and if so, ask participants to share a personal experience.
- What should an infected person do? (Where to go for information and access treatment).
- What will happen if you don't treat an STI at all in relation to HIV and pregnancy.
- Facilitator to recap.
**Syphilis**

- Kissing and unprotected sex
- Early sign is a painless sore around the vagina, penis, mouth, or anus. If untreated, can cause serious health problems including damage to the brain and nervous system.
- If treated early, Syphilis can be cured with antibiotics.

**Genital Warts**

- Intimate touching and sex.
- Human Pappiloma Virus HPV is the virus that causes warts. Some types of HPV cause genital warts, some increase the risk of cervical and other cancers. You can have HPV without warts or other signs.
- The warts can be treated but the virus stays in your body forever.

**Gonorrhea**

- Unprotected sex
- Many people have no symptoms. Possible symptoms include unusual discharge from the penis or vagina and pain when urinating. If untreated, can cause sterility, heart problems, swelling around the brain, spinal cord, joints, and sex organs.
- Gonorrhea can be cured with antibiotics.

**Herpes**

- Kissing, intimate touching, and sex.
- Itching/burning sensation and oral or genital blisters. Symptoms often go away and come back later.
- Symptoms can be controlled with medication but herpes cannot be cured.
VOLUNTARY COUNSELING AND TESTING (VCT)

FACILITATOR'S GUIDE

- Participants to explain what is illustrated in the picture.
- Have you ever had a VCT?
- Who should access VCT and why?
- What are the benefits of HIV counseling and testing.
- Facilitator to recap.
RELANGEN GENDER AND HIV

FACILITATOR'S GUIDE

- Let participants explain what they think of the illustration.
- Do these happen in our community?
- What are the social and cultural roles attributed to men and women?
- How does it relate to HIV transmission?
- What are the possible outcomes of inequality in socio-cultural roles of men and women, (men have more money, women need the money, so women in most cases cannot negotiate safe sex).
- Facilitator to recap.
DRUG/ALCOHOL ABUSE

FACILITATOR’S GUIDE

- What is happening in this picture? (Get participants to mention the various substances that are abused in their environment.
- Are these practices common in our community?
- Why are they using drugs or alcohol?
- Can drugs and alcohol abuse lead to having unprotected casual sex?
- What kind of the situation will the man/woman find themselves after unprotected casual sex with a non marital partner?
- Facilitator to recap.